

Are you worried about your child's talking or communication?

Do you have questions about his/her speech or language?

Would you like some advice, strategies or tips?

Come along to a Chatterbox Group...

Chatterbox Groups are drop-in groups for Croydon families with children aged 0-6 years who have concerns about their child's talking or interaction. They are run jointly by Children's Centre and Speech and Language Therapy Staff across the borough to promote, encourage and support speech, language and communication development.

Faith Brooks (Speech & Language Therapist, Early Intervention Lead),

Helena Nikiel (Speech & Language Therapy Assistant)

Anna Peiris (Speech & Language Therapy)



Chatterbox tips...

- **Follow your child's lead:** Let your child choose what to play with and how to play with it - join in with them
- Play with and talk with your child on his/her level: **face to face, eye to eye**
- **Watch your child** and talk about what s/he is doing. Try not to ask lots of questions or tell him/her what to do
- **Listen to your child:**
Repeat the words your child says or tries to say (e.g. child: "tar", adult: "yes, car")
And **add new words** to what your child says (e.g. "a big red car")
- Give your child **time to interact & talk** with you: pause after you speak
- Use **easy words** and **short, simple sentences**
- **Use actions, gestures and expressions** when you talk
- **Use your first, strongest language** with your child
- Give your child **lots of praise and encouragement**

Chatterbox Groups January—March 2016

Highlighted in the Croydon NHS Trust CQC inspection report as a service that delivers "**Outstanding Practice**"



Drop-in groups to promote, support and encourage your child's speech, language and communication development

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What do we do at Chatterbox?



Play opportunities to promote speech, language & communication development.

Advice, tips and strategies from the Speech & Language Therapy team and Childrens Centre (CC) staff.

Time to **share a book** with your child: follow his/her interests, talk about the pictures as well as the words.



Snack time: the children share a healthy snack and drink; this is a great time to model language by offering your child choices.

Group **story, song and rhyme time**



To get the most from Chatterbox groups...



Give your child your full attention - please don't use your mobile phone.

Please don't use a dummy or bottle with children over a year old.



Days and Locations

A Speech and Language Therapist is present on the first session of every month. A Speech and Language Therapy Assistant is generally present every week.

Please contact the centre directly during the school holidays, as timetables are subject to change by the centres during school holidays.

Mondays 12:45-2:45pm

at **Crosfield Children's Centre** Tel: 020 8654 7566
Elborough Road, South Norwood, SE25 5BD

Tuesdays 09:30am-12:00pm

at **Aerodrome Children's Centre** Tel: 020 8688 7710
Violet Lane, Croydon CR0 4HN

Tuesdays 1:00-2:45pm

at **the Salvation Army** Tel: 020 8916 0543
The Old Library, Central Parade, New Addington

Tuesdays 1:30-3pm

at **Winterbourne Children's Centre** Tel: 020 8689 0978
Winterbourne Road, Thornton Heath, CR7 7QT

Thursdays 9:30-11:30am

at **Selhurst Children's Centre** Tel: 020 8684 3777
23 Dagnall Park, South Norwood, SE25 5PL

Thursdays 9.30-11.15am

at **Shirley Children's Centre** Tel: 020 8777 2119
On the 1st and 3rd Thursday of the month
34 Lilac Gardens, Shirley, CR0 8NR

Thursdays 1-3pm

at **Byron Children's Centre** Tel: 020 8763 6285
On the 1st Thursday of the month
St. David's, Coulsdon, CR5 2XE

Thursdays 1-3pm

at **Woodlands Children's Centre** Tel: 020 8916 0543
Farnborough Avenue, Selsdon, CR2 8HD

Fridays 9:30-11:00am

at **Purley Oaks Children's Centre** Tel: 020 8325 4518
Bynes Road, South Croydon, CR2 0PR

Fridays 1-3pm

at **Kensington Avenue Children's Centre** Tel: 0208765
8128 Kensington Ave, Thornton Heath, CR7 8BT;

Days and Locations continued

Can't make it to a Chatterbox group?

Speech & Language Therapy will also be at ...

Please phone the centre for details of when a member of the Speech & Language Therapy Team will be present.

Dads' / Family Saturdays:

Selhurst Children's Centre 9-11.30am (20th Feb 2016)

23 Dagnall Park, South Norwood, SE25 5PL; 020 8684 3777

Aerodrome Children's Centre: Sun 12.30-2.30pm (17th January 2016)

Violet Lane, Croydon CR0 4HN; 020 8688 7710

Crosfield CC: 10am-12pm (13th Feb 2016, 12th March 2016)

Elborough Road, South Norwood, SE25 5BD; 020 8654 7566

Sanderstead Children's Centre at Atwood Primary School: Sat (23rd Jan 2016 10-12mid), Limsfield Rd, CR2 9EE

Woodlands CC 10am-12mid (19th March)

Farnborough Avenue, Selsdon, CR2 8HD; 020 8916 0543

Stay and Plays:

Polish Group, South Norwood Polish Community Centre

Mondays 10:30am-12:30pm (every other week)

6 Oliver Grove, London SE25 6EJ

Canterbury Road CC, Canterbury Road, Recreation Ground CR0 3HH

Weds 1-3pm (1st Fri of every month starting 3rd Feb)

Fairchildes CC, Fairchildes Avenue, New Addington, CR0 0AH,

Mondays 9.30—11.30 (every third Monday in the month)

Weds 9:30-11:30 Musical Stay & Play (1st Weds of every month)

Fun time Friday, Winterbourne CC, Fri 9.30-11.30am

Winterbourne Road, Thornton Heath, CR7 7QT (12th Feb)

Waterside stay and play, Tue 9.15—11.15, The Waterside

Centre, 26 Avenue Road, South Norwood, SE25 4DX, 020 8654 7566 (19th Jan, 16th Feb, 15th March)

Woodlands CC, Farnborough Ave, Selsdon CR2 8HD

Weds 9:15-11:15 (3rd Weds of every month)

Kensington Avenue CC, Developmental Play. Wedn 10-11:30am

(2nd and 4th Weds of the month)

Children's Centre Baby and Toddler Groups:

Aerodrome CC 020 8688 7710: 11th March 10—11am

Ecclesbourne CC 020 8683 7760: 3rd February 9.30—11.30 am

Peppermint CC 020 8251 9481: 27th January 10—11.30am